

D.E.L.L. Children's Centre Timetable – Spring Term Timetable

Tuesday 3rd January – Friday 10th February 2012

Activities for Parents & Carers with Children under 5 living in Deer Park, Efford, Lipson & Laura

D.E.L.L. High View School Site, Torrridge Way, Efford, Plymouth, PL3 6JQ

	Monday	Tuesday	Wednesday	Thursday	Friday		
A M	<p>9:30-12:00am Incredible Years (Parenting Course with Plymouth Parent Partnership) (Starting 9th January) DELL Activity Space</p>	<p>9:15-10:30am Tumble Teds (Starting 10th January) (Physical play activities for children aged 18 months-4 years) Space For Sports & Arts</p> <p>11am-12pm Baby Bears (Starting 10th January) (Soft play for babies from birth-18 months) Space For Sports & Arts</p>	<p>9:30am-1pm Midwifery Clinic (Starting 3rd January) (Appointment only) Consultation Room</p>	<p>9:15-11:15am Chatterbox with Health Visitor's Child Weighing Clinic (Drop-in session for children from birth-4 years) (Weighing only on 4th January) (Chatterbox returns 11th January) D.E.L.L. Activity Space</p>	<p>9:15-11:15am Latch-On Breastfeeding Support Group (Starting 4th January) (Drop-in advice session for parents-to-be & breastfeeding mums) D.E.L.L. Crèche Room</p>	<p>9:30am-1pm Midwifery Clinic (Starting 5th January) (Appointment only) Consultation Room</p>	<p>9-10am Housing Advice Drop-In Surgery (20th January & 3rd February) (No appointment necessary) Consultation Room</p>
P M	<p>1-3pm Great Expectations Antenatal Classes (9th January – 13th February) DELL Activity Space</p>			<p>1:30-2:45pm Step By Step Together (Starting 6th January) (From children from birth-4 years) DELL Activity Space</p>	<p>12-4pm Money Advice Surgery (Starting 6th January) (By appointment only) Consultation Room</p>		

D.E.L.L. Laura Link Site, Laura Green Primary School, Bramley Road, Laura, PL3 6BP

	Monday	Tuesday	Wednesday	Thursday	Friday
A M			<p>9:30-11:30am Family First Aid Course (Starting 11th January)</p>	<p>9-11am Little Chatterboxes (Starting 5th January) (Drop-in session for children from birth-4 years)</p>	
P M		<p>1:15-2:45pm Laura Toddlers (Starting 10th January) (Play session for children from birth-4 years)</p>		<p>10-11am Health Visitor's Child Weighing Clinic</p>	<p>9-10:30am Lipson Toddlers (Starting 6th January) (For children from birth-4 years)</p> <p>Lipson Vale Primary School</p>



