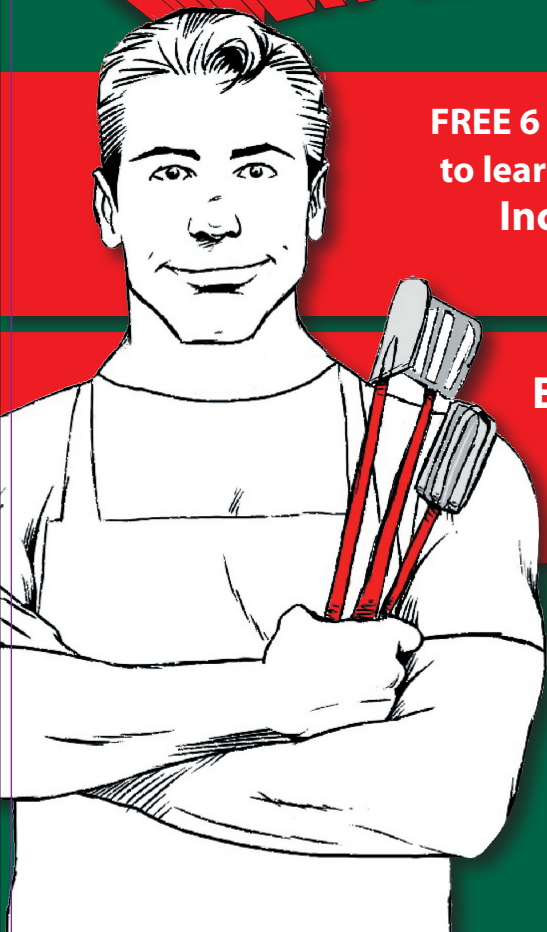


Plymouth Argyle & Plymouth City Council
PRESENT

MEN IN APRONS

Cookery Course



FREE 6 week course designed for men to learn to cook more meals at home. Includes a Special Home Park Cook Off Event!

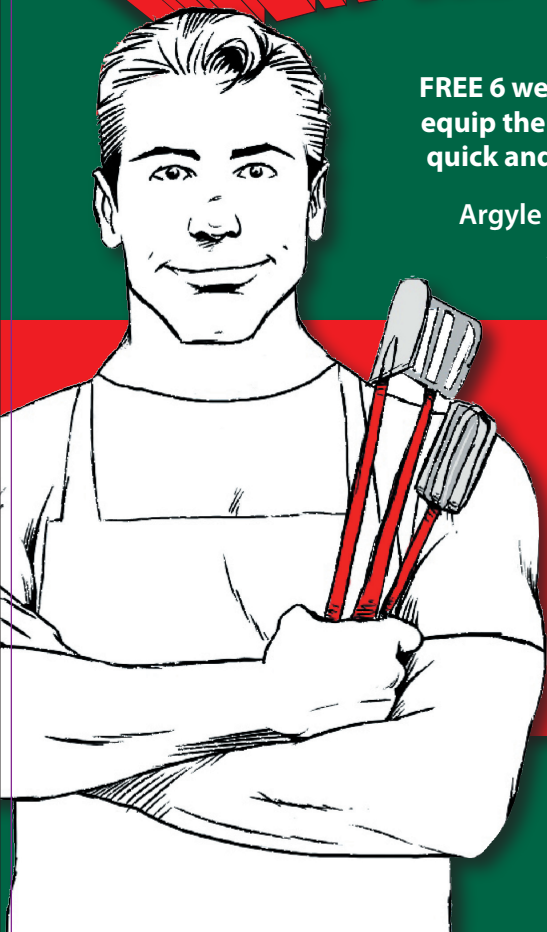
EVERY MONDAY EVENING
2nd March - 6th April 7.00-8.30pm
DELL Children's Centre
Plymview School, Blandford Road



Plymouth Argyle & Plymouth City Council
PRESENT

MEN IN APRONS

Cookery Course



FREE 6 week cookery course designed for Men to equip themselves with the skills to cook a cheap, quick and healthy meal for the family or for one.

Argyle Coaches, a qualified cookery expert and Argyle Chef will be on hand to teach the basics for cooking meals from scratch.

FREE PAFC Match tickets

2 FREE Visits to Home Park

FREE sack of spuds

worth up to £7.99 for all participants who complete the course courtesy of Spuds Home Delivery.

**GUEST APPEARANCE
OF AN ARGYLE STAR**

(Subject to availability)

Call: 01752 306521
to book a place or for more information

