

Love Parks Week – 24 July–1 August

Family Tree Care Day, Central Park
Saturday 31 July – 10m–4pm
Tree tours through the day, and help with planting and care. At family tree site behind Argyle ground.
Tel: Plymouth Tree Partnership on 01752 301445
www.plymouthtrees.org

Saltram Countryside Park, Food Glorious Food
Saturday 31 July – 12–4pm
Sample some Victorian recipes.
Normal admission charges apply. Tel. 01752 333500.

Cotehele Quay, Ferns of Cotehele Guided walk with
Claire Roper of Devon Wildlife Trust
Sunday 1st August 10am from Cotehele Quay
Get the Tamar Valley train line from Plymouth to
Calstock and walk the 2 miles to Cotehele Quay or car
parking available at the Quay.
£3 suggested donation. Tel: 01822 835030.

Have a group interested to attend an activity but don't
have access or funds for transport? We have limited
availability of a minibus and driver for free! Contact
Stepping Stones team on 01752 307849 to book.

Based in Plymouth City Council's Planning Services
Department, Stepping Stones to Nature is a 4 year
project to get more people to enjoy Plymouth's wealth
of nature reserves, parks and green spaces. Go to
www.plymouth.gov.uk/steppingstones or call
01752 307849 for more information.

Help us improve our Parks service by completing a short
survey on a Plymouth Park on www.greenstat.org.uk
Do you Love Your Park? Then why not take a photo and
enter it into the national competition, Postcards From the
Park. You could win £1000 of Jessop camera vouchers and
the chance to exhibit your work in a London gallery! The
competition is open to all until 1 August 2010.
See www.postcardsfromtheparks.co.uk for more details.

This leaflet is available in large text
version at [www.plymouth.gov.uk/
steppingstones](http://www.plymouth.gov.uk/steppingstones)

Love Plymouth's
Parks Week
24 July – 1 August 2010
A perfect excuse to get
outdoors and enjoy the summer



Bring the family out to
enjoy Plymouth's parks
and open spaces with us
this summer at a range
of free, community led
events. Choose from
treasure hunts, family
picnics, health and history
walks, woodland craft,
nature fun and more!

Visit www.plymouth.gov.uk/steppingstones
for more information.



Positively Plymouth



Love Parks Week – 24 July–1 August

Forder Valley Nature Reserve Community Day
Saturday 24 July – 11am–3pm
Bench building, pond dipping, nature fun!
All welcome. Tel: 01752307849

Titchy Park Family Fun Day!
Saturday 24 July – 10am–2pm
Opening of the new play park, lots of activities.
All welcome.

Devil's Point Park, Treasure Hunt
Saturday 24 July – 11–4pm
Family Treasure Hunt with prizes!
All welcome.

Saltram Countryside Park Evening Jazz Picnic
Saturday 24 July – 6pm–11pm
Adult £12 if bought before 17July, £14 if bought after
17 July Child £5 (Under 10 free). Tel: 01752 333500.

Freedom Fields Park Community Planting Day
Sunday 25 July – 12.30–3pm
Join us to plant herbs and scented plants in the park
near the café.

Efford Valley Community Summer Fair and Radio Day
Sunday 25 July – 11am –3pm
Barbeque, games, face painting, bouncy castle and a
chance to listen live to Efford FM together.
Tel: 01626 871270.

Guided Walk at Victoria Park, Keyham
Monday 26 July – 10.30am–11.30am
45 minutes Guided Health Walk around this pretty park.
Please wear comfortable clothing, sturdy footwear, and
be prepared for the weather! Meet outside the Bowling
Green at 10.30am.
Tel: Dean Blagdon on 01752 314449.

Family games in Victoria Park, Keyham
Monday 26 July – 11.30am – 12.30am
Free refreshments, fruit and juice.
Tel: Dean Blagdon on 01752 314449.

Walk for Health at St German's
Monday 26 July – 11.00am–12.00 noon
All ages and abilities: The walk lasts about one hour,
some steps, a gentle slope and one stile. Big views of
the rivers Lynher and Tiddy as we walk down to the Old
Quay and back past Port Eliot. Please wear comfortable
clothing, sturdy footwear, and be prepared for the
weather! Bring a drink and snack. Catch the 10.42 train
from Plymouth! Return on the 12.26 or 13.24.
Tel: Dave on 07909 965762 or
email: walkscoordinator@tamarvalley.org.uk

Woodland Wood Nature Reserve Wild Food Walk
Tuesday 27 July – 10am–12 noon
Meet at Whiteleigh Children's Centre, all ages welcome
Buggy friendly! Also find out more about Woodland Wood
improvements 10am–3pm Display at Rothesay Gardens.
Tel: 01752 307849 for more details.

Devonport Park Guided Health Walk
Tuesday 27 July – 5pm–5.45pm
45 minutes walk in the park for all abilities. Please wear
comfortable clothing, sturdy footwear, and be prepared
for the weather! Meet at Brickfields Sports Centre.
Tel: Noni on 01752 563320.

Saltram Countryside Park, Wild in the Woods
Woodland activities and games
Tuesday 27 July – 10am–2pm
Woodland activities and games. Bring a packed lunch
and outdoor clothing. Children must be accompanied
by an adult. Sorry no dogs.
£6 Booking essential. Tel: 01752 333503.

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Butterfly Making Workshops, Anthony House, Torpoint
Tuesday 27 July – Sessions at 12 noon, 1pm and 2pm
Aimed at 5–14 age range but can be enjoyed by all.
Up to 20 places each time. Book in advance.
Tel: 01752 812191. Normal admission charges apply
plus £2 per person for activity.

Ham Woods Guided Health Walk
Wednesday 28 July – 11.30–12.30pm
Meet at Mayflower Primary School, Ham Drive at 11.15am
Find out about the geology of Ham Woods whilst
taking in the natural scenery and meeting new people.
All ages and abilities, buggy accessible. Please wear
comfortable clothing, sturdy footwear, and be prepared
for the weather! Followed by free fruit and juice.
Tel: 01752 307849 for more info.

Central Park History Walk and Film Showing!
Wednesday 28 July – 2.00pm–4.30pm
Meet at steps behind Pounds House
Gentle walk and talk on history, environment and
nature of the park followed by film about Central Park's
wildlife. www.friendsofcentralpark.org.uk

Health Walk at wooded, historic
Danescoombe Valley, Near Calstock
Wednesday 28 July – 11.30am–1.30pm
Aimed at new walkers, all ages & abilities!
Mostly downhill with one short up, on footpaths and
a quiet lane with one stile. The train leaves Plymouth
at 10.46am. Catch the return train to Plymouth from
Calstock station at 2pm.
Tel: Dave on 07909 965762
or walkscoordinator@tamarvalley.org.uk

Croquet Workshops at Anthony Estate, Torpoint
Wednesday 28 July – Drop-in sessions throughout the day
Make your own 'fun' croquet mallet and to try your
hand at the real thing.
Normal admission charges apply plus £2 per person for
the activity. For more info Tel: 01752 812191.

Anthony Estate's Alice's Potions
Thursday 29 July – Sessions at 12 noon, 1pm and 2pm
Aimed at 5–14 age range but can be enjoyed by all. Up
to 20 places each time.
Book in advance. Tel: 01752 812191. Normal admission
charges apply plus £3 per person for the activity.

Snorkelling Taster Sessions, venue TBC
Thursday 29 July – 2pm–4pm
8 year olds and over. Must be able to swim 50 meters.
All kit provided, just bring swim gear and warm clothes
for afterwards. We would like to take photos and so will
need to complete a photo consent form with parents
or guardians on the day.
Booking essential. Tel: Bex on 01752 633336.

Devonport Park Guided Health Walk
Friday 30 July – 5pm–5.45pm
Please wear comfortable clothing, sturdy footwear, and be
prepared for the weather! Meet at Brickfields Sports Centre.
Tel: Noni on 01752 563320.

Guided Walks along the Hoe sea front
Friday 30 July – 11.15 for 11.30 start
Meet at National Aquarium gift shop
A fast paced 45 – 60 minute walk on the Hoe,
with some inclines and steps.
1.15 for 1.30 start – A Recommended Beginner walk
30 minute short walk on the Barbican on a flat route.
All abilities. Tel: Gemma on 01752 201766.

Family Day at Larks Children's Centre
Saturday 31 July – 11am–3pm
Join us at the Centre for a Wild Woods family activities and
tell us what improvements you'd like to see at Ham Woods.
Tel: 01752307849.

Summer Fun Event at the Plymouth Albion RFC Ground
Saturday 31 July – Gates open 1pm
Stalls, Bouncy Castles, Climbing Walls, Shows and music.
