

# Young people in Efford making a difference!

## The Efford Youth Development Forum

Eight young people worked really hard for two hours during a hot summer's day to clear an area of Channel Park that is regularly used for dumping rubbish.

The campaign was organised by Kieron Jones (Efford Youth Development Forum member) who worked with Councillor Brian Vincent. Kieron and EYDF recognised that the lane leading from Channel Park to Blandford Road was unsafe for anyone to walk through because of the rubbish that is being dumped there. Kieron and Councillor Vincent set to work to organise a clean-up day with Plymouth City Council involving other EYDF members.

Wendy Brown Youth Development Worker said "It was a hot day but we managed to clear the lane. It was hard work and 8 young people turned up and made a big difference. Its amazing what we found; beds, cookers, hoovers. We are now hoping that after all our hard work that the lane will be kept clear of rubbish."

Kieron Jones aged 13 said " We



wanted to clear this lane because it is used quite a lot and is not safe to walk through because of all the rubbish people dump there. We are working hard at improving our community, and after all our hard work we hope people don't throw anymore rubbish there, we are going to be looking at other areas that we can clear up to make safe for people to walk "

A big thank you to Councillor Brian Vincent for helping us get this organised and to Kim King, Amy Williams, Sam Lavis, Jess Wafer,

Darren Essery, Kieron Jones, Liam Hendes and Nathan Mitchell for giving up their time to do this.

We are hoping to encourage other members of the community to improve their local environment and are working with the HECP, Plymouth City Council and the Efford Building Communities Initiative Green Space Strategy Group to identify further areas in Efford that are desperately in need of improvements.

Please get in touch if you want to get involved with the **Tidy Efford Campaign!**

### Inside this issue:

- Efford Community Allotment Scheme
- HeadSpace – Efford's Youth Library Bar
- 'What's on in Efford' weekly programme
- Torridge Way – New beginnings

# ... Other EYDF news... Other EYDF news...

## Graffiti Week Long Project

10 young people came up to the centre to work on a Graffiti project where they based the graffiti art themes on staying safe and being healthy. They worked with a graffiti artist and came up with the design for 2 days. The other 3 days were spent on the actual Graffiti based work. The designs are now on the art room at Efford Youth And Community Centre and look really good.

## Music Project

10 young people worked over 3 days with Plymouth Music Zone and learnt how to play the Guitar, write lyrics, music and how to sing. They went into the recording studio on the last day and recorded their own CD and they wrote lyrics on Racism and how they feel about it, the effects Racism has on others and how they would like everyone to accept each other for who they are.

We had a fantastic time, and the group really enjoyed it, they worked really hard. Jodine Bunker, Danielle Hammond and Darren Essery were our fantastic singers - look out Simon Cowell! Jess Wafer and Sam Lavis were brilliant on Bass Guitar and Electric Guitar - they have never

played the guitar before and they were outstanding by the end of the 3 days. Amy Williams and Kim King wrote the rap that is in the middle of the song that was recorded.

You can all expect to see them in the charts one day!

## EYDF Allotment

We have been lucky enough to get an allotment for young people. This project will be starting on 3rd September and has been organised by Efford Youth Development Forum with the help of Councillor Brian Vincent and Denise Rudgeley who is funding the project for us. We are going to be growing our own vegetables, which we will be used at the youth cafe at Efford Youth And Community centre. We will keep you posted on how we are doing. Any young people who would like to get involved in this please contact Wendy Brown At Efford Youth And Community Centre on 01752 776853.

## Stay awake night

We held a stay awake night at Efford Youth And Community Centre to raise money to update the basket ball courts, we are pleased to say that we all managed to stay awake

and we raised £282. We had to be at the Centre at 8pm and finished at 8am the next morning. We were all very tired but we did it. We told ghost stories, did arts/crafts activities and cooked though the session to keep us occupied. We all really enjoyed it and are looking forward to the next one. Ha!

## Summer holiday residentials

We are taking a group of 10 young people on 2 residentials. In September we will be going to Torquay for a 2 night stay where we will be doing team building activities such as abseiling and other water based activities. Wendy and Kim are really looking forward to the abseiling (they don't like heights ha!) In October we are going Tall ship sailing and will be staying overnight. We will be setting off from Brixham with our sea sickness tablets and will be learning every aspect of sailing as well as learning how to cook and keeping the ship tidy. (Yes Mums/Dads - we will take photos for evidence!) The intention is that this will develop our confidence and self esteem, developing new skills, and experience something never tried before.

## Quick Wins Funding

Does your community group or residents association need some cash to develop ideas and projects that will benefit our community? If so, you need to get in touch with us and possibly apply to the Quick Wins fund. As part of the South West Regional Development Agency's pilot programme, 'Efford Building Communities Initiative' a budget of £20,000 a year is allocated to the HECP to allocate to projects that

will benefit the community.

Projects that have gained support so far include In Touch Befriending Scheme, Friends of Plym View and DELL Children's Centre. Project allocations have to be kept small and are generally in the region of £1,000 to allow more groups to access support. An application form and terms of reference are on our website so check it out at [www.hecp.org.uk](http://www.hecp.org.uk) and get writing!

## Christmas Day

Do you expect to be alone?



Would you like to join with others for a few hours?



You are invited to a Christmas Lunch in the new St Paul's Church.



If you would like more information, please call Lyn - 01752 671748 or Michael - 01752 227309

## DELL Forum

(Registered as Efford Ward Community Forum Limited) Company No. 04218448

Annual General Meeting (AGM) Tuesday 16th October 2007, Highfield Community School

After the usual reports etc the following proposal will be put to the meeting:

That this meeting agrees to wind up the Company, and the Forum, and the remaining assets of the Company be transferred to the Heart of Efford Community Partnership.

# Sailing in the community

Pupils at Highfield and Plym View schools are fortunate to have received funding from the HECP to continue with sailing as an after school activity. Many children have already benefited from this exciting opportunity to take to the waters of Plymouth and enjoy our superb



surroundings, as well as developing social, team working skills and increased self esteem.

This funding will enable us to open up this opportunity to more children, parents and also members of the community who might be interested in having a taster session of sailing.

If you are interested in having a taster session or wish to get involved with supporting our children sailing on a regular basis (subject to CRB checks), please contact either Kim Dorian-Kemp Headteacher of Highfield Community School on 01752 773187 or Lawrie Doyle, Headteacher of Plym View Primary School on 01752 772984.

## Efford Schools amalgamation – latest news

The Schools Adjudicator visited Efford in July and has now given the green light to the City Council's ambitious plans to replace Highfield and Plym View Primary Schools with a brand new, state-of-the-art primary school in September 2010. Work can now go full speed ahead on planning the new school and the City Council will decide exactly where it will be built. A joint committee of Councillors, Council Officers, Headteachers, Governors

and Community Representatives has already been tasked with moving the whole project forward and, in due course, an interim governing body will take over to appoint a Headteacher and staff to the new school.

The Council's Director for Children's Services, Bronwen Lacey, said, "These are exciting times in Plymouth and the decision to let us go ahead with building a new primary school will help fulfil the Council's long-held

*ambition to improve educational opportunities for the children of Efford and the local community, and it will help regenerate the area".*

For any further information please contact Andrew Leigh, Senior Education Officer (School Organisation) on 01752 307453 Children's Services Department, Plymouth City Council, Civic Centre Plymouth PL1 2AA, email [andrew.leigh@plymouth.gov.uk](mailto:andrew.leigh@plymouth.gov.uk)



### Young Efford go shopping for headspace!

Armed with calculators and a large trolley, young people from Efford and the Plymouth area took part in a book buy this week at Waterstones Plymouth.

HeadSpace, is the library's lively new offer to 11-18 year olds, and is partly funded by a National Lottery Grant. Efford's HeadSpace will be part of the new Community Library facility being built within the new Extra

Care Scheme on Torrridge Way – due for opening in November. HeadSpace will form the youth library section – formerly known as the Book Bar.

This shopping trip, the first of three buys taking place throughout August and September, are in order to kit out HeadSpace with exciting new reads chosen by the young people themselves.

Groups working with Children's

participation, Efford Youth Development Forum and Lipson Community College will be given a budget to spend on their favourite and new books. The group were also introduced to the new HeadSpace branding and overall design of the libraries. The meeting also involved consultation with young people on the furniture and layout. The very first HeadSpace opened this month in Bolton.

Efford HeadSpace will open in November when the young people will have the chance to see and borrow their chosen books in the new library for the first time.

# What's on in Efford! What's on in Efford!

| Monday   |  |                       |   |   |                                    |
|--|--|-----------------------|---|---|------------------------------------|
| Activity   | Time   | Price                 | Who for   | Venue                                     | Contact                            |
| Flo's Little Star's Parent and Toddler Group                   | 9.30-11.30am                                 | £1                    | Parents and children 0-5  | Highfield Community School                | Ann-Marie Jennings<br>07891 245974 |
| Art drop in  | 9am-12pm                                     | 75p                   | Adults  | Efford Community Centre                   | Margaret Johns<br>01752 776853     |
| Music With Mummy   | 9.45-10.15am                                 | £3.50                 | 0-3yrs and their parent   | Lipson (address call Caroline)            | Caroline<br>01752 663236           |
| Aki-Escrima (Martial Arts)                                     | 6-7pm children<br>7.30-9pm adults            | Call for details      | Children and adults   | Efford Community Centre                   | John<br>01752 783925               |
| Youth Forum  | 6-8pm  | Free                  | All Young People  | Efford Community Centre                   | Margaret<br>01752 776853           |
| Rainbows   | 5:30-6:30pm                                  | Call for details      | Girls 5-7   | Laira United Church                       | Ange Chudley<br>01752 225020       |
| Brownies   | 6-7:30pm                                     | Call for details      | Girls 7-10  | Laira United Church                       | Ange Chudley<br>01752 225020       |
| Girl Guides  | 7-9pm  | Call for details      | Girls 10-16   | Laira United Church                       | Ange Chudley<br>01752 225020       |
| Tuesday  |  |                       |   |   |                                    |
| Tumble Teds Toddlers   | 9.15-10.45am                                 | £1 per session        | 18 months to 4 years  | Plym View Space for Sports and Arts       | DELL<br>01752 306334               |
| Parent and Toddlers  | 9.30-11.30am                                 | £1                    | Parents and 0-5yrs  | Playtots Foyer                            | DELL<br>01752 306334               |
| Baby Weighing  | 9.30-11.30am                                 | Free                  | Parents 0-5yrs  | Playtots Foyer                            | Sandra Fuller<br>01752 314283      |
| Chatterbox Clinic  | 9.30-11.30am                                 | £1 per session        | Parents and Children 0-4yrs                                     | Plym View Space for Sports and Arts       | DELL<br>01752 306334               |
| Tumble Teds Baby Bears   | 11am-12noon                                  | £1 per session        | 4-18 months   | Plym View Space for Sports and Arts       | DELL<br>01752 306334               |
| In Touch Befriending Scheme Coffee Morning                     | 10.45am-12noon (last Tuesday of every month) | £1.50 (lunch + £1.50) | Elderly residents in Efford, Lipson Laira & Compton             | St Mary's                                 | Bridget Roberts<br>07970 406476    |
| In Touch Befriending Scheme Open House (coffee/lunch/exercise) | 11am-3pm (1st & 3rd Tuesday of every month)  | £1.50 (lunch + £1.50) | Elderly residents in Efford, Lipson Laira & Compton             | Highfield Community Rooms                 | Bridget Roberts<br>07970 406476    |
| Young Carers Group   | 6-7:30pm Juniors<br>7:30-9pm Seniors         | £1                    | Young Carer's (referral only)                                   | Efford Community Centre                   | Margaret Johns<br>01752 776853     |
| Greenbank Detached Youth Work                                  | 6-8pm  | Free                  | Young People 8-18yrs  | Freedom Park                              | Margaret Johns<br>01752 776853     |
| Girls Brigade  | 6-8pm  | Call for details      | Girls 5-18yrs   | Laira United Church                       | Liz Pellow<br>01752 671771         |
| Wednesday  |  |                       |   |   |                                    |
| Step by Step Together Group                                    | Mornings                                     | Free                  | Families with children 0-3yrs with any form of additional need. | Play Tots Foyer, Plym View Primary School | Karen Pearce<br>01752 314411       |
| Flo's Little Star's Parent and Toddler Group                   | 9.30-11.30am                                 | £1                    | Parents and children 0-5  | Highfield Community School                | Ann-Marie Jennings<br>07891 245974 |
| Baby and You   | 2-3pm  | Free                  | All first time parents  | Play Tots                                 | DELL<br>01752 306334               |
| Boys Brigade   | 6pm  | Call for details      | Boys 5-18yrs  | Laira United Church                       | Alec Lynn<br>01752 310665          |
| Senior Youth Club  | 7-9pm  | 30p                   | 12-18yrs  | Efford Community Centre                   | Margaret Johns<br>01752 776853     |
| Adult Music Group  | 9am-12pm                                     | 50p                   | Adults who play an instrument, guitars etc                      | Efford Community Centre                   | Margaret Johns<br>01752 776853     |
| Badminton Club   | 8-10pm                                       |                       | 14 years and above  | Laira United Church                       | 01752 225020                       |

# What's on in Efford! What's on in Efford!

| <b>Thursday</b>                    |   |   |   |  |  |
|------------------------------------|---|---|---|--|--|
| <b>Activity</b>                    | <b>Time</b>   | <b>Price</b>                            | <b>Who for</b>                            | <b>Venue</b>                                       | <b>Contact</b>   |
| Detached Youth Work                | 6:30-9:30pm   | Free                                    | 8-18yrs                                   | Efford   | Margaret Johns<br>01752 776853                           |
| Parent and Toddlers                | 9.30-11.30am  | £1                                      | Parents and 0-5yrs                        | Playtots Foyer                                     | DELL<br>01752 306334                                     |
| Midweek Communion                  | 10am  | Free                                    | Everyone                                  | St Pauls Church, Hurrell Court                     | Steve Payne  |
| Over 55's lunch                    | Last Thursday of every month                        | Free                                    | Over 55's                                 | Efford Christian Fellowship Church                 | Stuart Dan<br>01752 767711                               |
| Aikido                             | Evening classes                                     | Call for details                        | Children and adults                       | Laira United Church                                | 01752 225020   |
| <b>Friday</b>                      |   |   |   |  |  |
| Rhyme Time for babies and toddlers | First Friday of the month 2:15-2:45pm               | Free                                    | Parents/ Carers with babies and toddlers  | Efford Library, Highfield Community School         | Ann Power<br>01752 308985                                |
| Junior Youth Club                  | 6.30-7.45pm   | Free                                    | School years 1-6                          | Efford Christian Fellowship Church, Torridge Way   | Stuart Dan to be placed on the waiting list 01752 767711 |
| Senior Youth Club                  | 8-9.30pm  | Free                                    | School years 7+                           | Efford Christian Fellowship Church, Torridge Way   | Stuart Dan to be placed on the waiting list 01752 767711 |
| Dance Class                        | 4-5.45pm  | Call for details                        | 3-13 years                                | Laira United Church                                | Awaiting contact details                                 |
| <b>Saturday</b>                    |   |   |   |  |  |
| Dance                              | 10:30-11:30am                                       | Call for details                        | All children and young people             | Efford Community Centre                            | Caroline Maddock<br>01752 776853                         |
| <b>Sunday</b>                      |   |   |   |  |  |
| Sunday Service                     | 10am  | Free                                    | Everyone                                  | St Pauls Church, Highfield School Temporary Chapel | Steve Payne  |
| <b>Miscellaneous</b>               |   |   |   |  |  |
| Health Visitor Clinic              | 2 clinics per week                                  | Free and open access                    | For families with children 0-5            | Play Tots, Plym View Primary School                | Sandra Fuller<br>01752 314283                            |
| Plym View Toy Library              | Tues and Thurs 2:30-4:30pm, First Saturday of month | £26 per year to borrow 6 toys per month | Everyone welcome                          | Plym View Primary School                           | 01752 202059   |
| Efford Library                     | Call for details                                    | Free                                    | Everyone to borrow books and use internet | Highfield Community School                         | 01752 308985   |
| Laira Library                      | Call for details                                    | Free                                    | Everyone to borrow books and use internet | 240 Old Laira Road                                 | Ann Power<br>01752 308985 or 665737                      |

## Diary Dates . . .

- 9th October – In Touch Befriending ‘Celebrate-age’ Open House Party – Highfield Community Rooms 11am to 3pm
- 7th November – 6pm Open Heart of Efford Community Partnership Meeting – Highfield Community School
- 9th November – 10.30am Efford Cemetery Remembrance Service
- 27th November – In Touch Befriending Scheme Christmas Shopping Trip
- 3rd December – New Efford Community Library opening

## Let's get growing! Efford Community Allotment Scheme

Calling all 'budding gardeners', there is now an allotment available above Brockley Road Allotments that the Council will reclaim for your use, as a shared Community Allotment. The Public Health Development Unit will provide some funding for interested Efford residents to buy some tools to get you started.

**All you have to do is get in touch and we will provide support to get you started.**

Even if you are a beginner in growing your own and don't know where to start we will help you get started and will bring in expert help, advice and assistance.

### There are many benefits of taking part:

- Meeting new people
- Working with others
- Growing gives you a sense of pride and builds self esteem
- Working outside can help relieve stress and anxiety and can help with depression
- Eating fresh fruit and vegetables can improve your health
- Regular moderate physical activity can help reduce the risk of heart disease and strokes

First meeting at the Allotment.



Denise from the PHDU and Cllr Vincent.

What can be better for you than eating what you have grown?

To find out more contact Debbie Burton on 01752 306521 or Denise Rudgeley on 01752 515461.

Plymouth   
Teaching Primary Care Trust  
Public Health Development Unit

## HECP update news in brief

### Efford forward plan

The HECP Committee have been busy over the summer period working with Partners to establish a 'way forward' - building on the Efford Master Plan. We have been working with strategic Partners to establish ways of addressing the needs identified through the Master Plan process. (the Master Plan is available on our website - check it out at [www.hecp.org.uk](http://www.hecp.org.uk))

A big part of this is to improve services already being delivered through better joint working and to

allocate (or identify further) resources available. We are looking to develop projects and initiatives that respond to community needs in the areas of Health, Youth, Skills Development and Green Spaces.

We will keep you posted but hope to present some of these ideas at our next **Open Meeting on 7th November at 6pm** at Highfield Community School. So come along to find out more.

## Purple Pod invite

We would like to invite you to the Purple Pod (Purple Community Hub - container on the grounds of Highfield) **every Tuesday morning between 10am - 12noon.** (From 16th October) This will be a HECP drop-in service for the Community to:

- **Come and hear about the work we are doing**
- **Get to know your Committee Members**
- **Understand how you can 'make a difference'**
- **Raise issues or ask questions**



**We look forward to meeting you there!**

## Efford Arts Programme

We are also very excited to be working with our Efford Arts Co-ordinator Jayne Murray again. (pictured opposite) Jayne worked in Efford last year during the Master Plan consultation so we were very happy for her to respond to our latest brief, developed in Partnership with Plymouth City Council and Plymouth Arts Centre. Jayne specialises in working with people to bring about change to their community -places and spaces.

Jayne will be working with us and the



'kick-starting' some developments around our green and open spaces in Efford so that we can start thinking about how we would like to improve them to make them more accessible, safer and enjoyable.



Community in looking at what we can do to our environment to make it better for us to use. Jayne will be

Jayne will be organising some arts activity running through the Autumn so watch out for notices, invites and herself around Efford.

Jayne says, "I was delighted to be asked back to work in Efford; my new role not only allows me to deliver some activities in the Autumn but also to think what would be possible in the longer term. This is an exciting prospect and I'm looking forward to working with Efford residents and organisations."

# Time to celebrate!

## Torrige Way – New beginnings...

It will soon be time to celebrate as Torrige Way begins to look more and more like new. Agencies, local people and Councillors have been working very hard as part of the Building Communities Initiative and as a result we have seen a lot of physical change over the past few years in Torrige Way:

- Demolition of the Royal Marine Pub
- Demolition of St Paul's Church, the Old Efford Library
- Development of a Temporary Library facility in Highfield Community School
- Construction of a New Extra Care Scheme and Community Library facility
- Construction of a New St Paul's Church with a Community facility

The old Efford Library.



The HECP have joined forces with all the agencies involved with the new facilities and will invite residents to join them in celebrating Torrige Way in December. The new Extra Care Scheme, St Paul's Church and Library all hope to be opening in Late November 07 – Early December 07 so a celebration to mark this event will be organised. Dates have yet to be confirmed but please watch out for publicity.

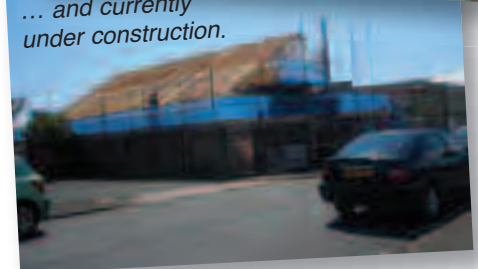
St Paul's Church before...



...during demolition



... and currently under construction.



## YWCA Plymouth widens the door to opportunity and fun

YWCA Young Women's Centre, is offering young women from all over the city the chance to take part in new activities that will help them develop skills, build confidence, have fun and make new friends.

The activities are:

**Wednesdays 12-3 pm – Girl Thing**

A Drop In session run by young women for young women, there are varied activities, which the young women choose.

**Wednesdays 1-3 pm – Time Out for Mums or Mums To Be**

A chance to develop parenting skills, learn about healthy eating and do arts and crafts as well as

get support and information. Bus fare will be refunded for this session.

**Thursdays 4-8.30 pm – 100% Women**

A drop in session for young women aged 11-21. Activities will include things like drama, trips, arts and crafts and cooking and much more.

All sessions are run at YWCA Young Women's Centre, Alfred Street, The Hoe, Plymouth

Caroline Storer from YWCA Plymouth said: ' We have been listening to what young women, who maybe don't have the opportunities and support that others have, want

and need in the Plymouth area. These new sessions will hopefully provide them with space to learn, improve their self-esteem, have fun and meet other young women who have similar experiences.'

Jasmine, aged 17, is a young woman who goes to YWCA. She said: "I want to tell people how much the YWCA has helped me. I feel more comfortable coming here than any other place and I am more confident about myself."

For more information about the activities contact Caroline at YWCA on 01752 671080, or email [caroline.storer@ywca.org.uk](mailto:caroline.storer@ywca.org.uk)



## Lest we forget

A service of remembrance organised by the Efford Senior Citizens Club will be held on **Friday 9th November**.

Everyone is invited to join the ex service men and women, the Children of Highfield, Plymview, Laira Green and Lipson Community College in a

local service of remembrance to those who have given their lives in the Country's service.

Join us at Efford Cemetery gates at 10.30am, followed by a service at the War Memorial.

## Devon Energy Efficiency Advice Centre

Do you want to find out how to keep your house warm while keeping your fuel bills low this winter? Or maybe you're interested in how you can do your bit to help combat climate change but aren't sure where to start?

Help is at hand from the Devon Energy Efficiency Advice Centre (EEAC). Funded by the Energy Saving Trust and based in the city centre, the EEAC has been providing free, impartial advice to local residents since 1993. A Freephone line means advice is on hand 5 days a week, plus the Centre gets out and about to community events as often as possible.

The EEAC provides all sorts of information, from how to reduce your energy use at home and getting the most from your fuel supplier to efficient heating systems and installing renewable energy.

Up to date information on heating and insulation schemes is available and trained advisors can make direct referrals to grant and discount schemes. There are discounts available for ALL households regardless of income, and people in receipt of benefits are often entitled to insulation and heating work completely free. Local homeowners suffering with health problems can also take advantage of the Plymouth Healthy Homes grant scheme.

Currently, the average household could save up to £300 a year by being more energy efficient. This is equivalent to a saving of around 2 tonnes of carbon dioxide – enough to fill two hot air balloons.\* Completing a DIY Home Energy Check will allow you to find out where you can make changes in your house.



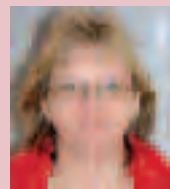
### Contact Details

#### Efford Community Partnership

**Steve Payne**  
Chair of HECF  
Tel: 01752 785576  
Email: spayne55@blueyonder.co.uk



**Kath Hancock**  
Vice Chair of HECF  
Tel: 01752 773187



#### Elected Ward Members

**Cllr Bernard Miller**  
'Buena Vista'  
17 Efford Road  
Efford  
PL3 6NE  
Tel: 01752 776452  
Email: bernard.miller@plymouth.gov.uk



**Cllr Andy Kerswell**  
43 Thames Gardens  
Efford  
PL3 6HD  
Tel: 01752 269472  
Email: andy.kerswell@plymouth.gov.uk



**Cllr Brian Vincent**  
416 Blandford Road  
Efford  
PL3 6JB  
Tel: 01752 316902  
Email: brian.vincent@plymouth.gov.uk



#### The Efford Team at Plymouth City Council

**Debbie Burton**  
Neighbourhood  
Regeneration Officer  
Tel: 01752 306521  
Email: debbie.burton@plymouth.gov.uk



### The EEAC's top tips for winter are:

- **Insulate! Getting loft and cavity wall insulation installed is the easiest way to cut your fuel bills. Ask about grants and discounts to help you with the cost.**
- **Draughtproofing windows and doors is cheap and easy to do, whilst putting reflective foil panels behind radiators and fitting shelves above them helps keep heat in the room. Try not to put furniture in front of radiators.**
- **Make sure you get your boiler serviced to ensure it will be working smoothly this winter. If it is more than 15 years old it is worth thinking about a replacement – Magic Boiler currently offers discounts on new high efficiency models and if you are in receipt of benefits you could get central heating installed for free.**
- **With the nights drawing in why not use low energy lightbulbs? Each one could save you around £7 a year or more than £100 over their lifetime.**
- **Kettles are one of the biggest energy guzzlers – try to only boil as much water as you need for that cup of tea!**

If you would like more information about any of the above, or would like to receive a DIY Home Energy Check or free information booklet with more ideas to save energy and money at home, call the Devon Energy Efficiency Advice Centre on FREEPHONE 0800 512 012, or email [info@wcea.org.uk](mailto:info@wcea.org.uk)

### Editors error...

*It has been pointed out to me that the Tidy Efford Campaign feature on the back page of Issue 8 referred to taking pictures of the worse areas of Efford suffering with litter and graffiti – next to a picture of a wall wonderfully decorated with some graffiti artwork designed and created by Efford Young People. The editor apologises if this misleads readers into thinking that this sort of graffiti needs to be removed as a lot of effort was put into creating this artwork. Sorry!*